## Join us at Mammoth Lakes Library For STRETCHING AND STORY TIME

Facilitated by Wild Iris



When: The 2nd Saturday of the month Time: 10 - 11 am Where: Mammoth Lakes Library \*\*Ages 2 - 10 with adult accompaniment\*\*

## Focusing on awareness, kindness, compassion, and emotions

Bring your own yoga mat, if you have one!





Starts Dec 14thy